



Messenger of Hope

Hope for Today Cancer Support Group, Inc.

Monthly Newsletter

Web Site: hopefortoday.us

Thy word is a lamp unto my feet, and a light unto my path. Psalm 119:105 KJV

JAN
2010

Who WE Are.....



Hope for Today was established in June, 1998 by Charlene Walker during her aggressive breast cancer treatments. The goal of Hope for Today is to help people affected by cancer enhance their health and well being through their participation in monthly meetings which provide education, hope, emotional support, and nourishment. All services are provided at no cost to cancer patients and their loved ones.

Monthly Meetings

Free Transportation Provided to Monthly Meetings



Piney Grove Baptist Church bus will pick-up passengers at Broadway Towers at 5:45 p.m.

Directions to Piney Grove Church

From Blount County Courthouse, go 1 mile on Court Street. Turn left on Wilkinson Pike and proceed 3½ miles. Turn right onto Blockhouse Road at Chilhowee View Community Center. Go one mile, Piney Grove Baptist Church is on left.

Leadership:

Charlene Walker, Founder and Executive Dir.

Three Times Breast Cancer Survivor
422 Blockhouse Road Maryville, TN 37803
Phone: 865-983-4948 Fax: 984-7030
Email: charlenewalker@hopefortoday.us

Pat Luckey (865) 660-6571 or 238-4171

Assistant Director, RN at Thompson Oncology Group, Blount Memorial Cancer Center

Peggy Coffey (865) 977-6405

Assistant Director.
Seven Years Breast Cancer Survivor

Barbara Conant (865) 982-5438

Director of Projects HOPE & CARE.
Help for Cancer Patients!

Scheduled Functions

January 4, 2010 Guest Speaker: Dr. David Abernathy, Christian Counselor from Chilhowee Baptist Association. Dr. Abernathy's Topic: Dealing with Depression God's Way. Research has shown that clinical depression in cancer patients leads to significant decline in quality of life, less enjoyment, more passivity, and more rapidly progressing cancer symptoms and pain. Come and enjoy great fellowship with other cancer patients. A soup and sandwich meal will be served for everyone.

February 1, 2010 "Valentine's Party With Meal and Entertainment by Jason Word and his daughters Kayla and Hannah. Come and celebrate life and the month of love! Invite your family, spouse or good friend at NO CHARGE !

March 1, 2010 Guest Speaker: Dr. Larry Kilgore, GYN Oncologist, trained in robotic surgery. Food provided by University of Tennessee Medical Cancer Institute.

April 5, 2010 "Fun Night"

May 8, 2010 Spring Fundraiser at William Blount High School 4:30 to 7:00 pm. Hope for Today's Project CARE. 100% of money raised STAYS in Blount County to help cancer patients who are underinsured, underserved and/or uninsured. Meal ticket \$5.00 suggested donation.

June 7, 2010 Open Date

July 5, 2010 "12th Annual Picnic" with Special Entertainment. A celebration of 12 years of Hope for Today. No Charge!

August 2, 2010 Open Date

Hope for Today is a non-profit corporation with an IRS 501(C) 3 status. Your contributions are fully tax deductible to the amount allowed by law. All gifts and contributions appreciated.

Update on Christmas Party December 7, 2009

We were pleased to have a total attendance of 145 with 60 of these being cancer survivors and 5 present for the first time. Our delicious meal was brought by members of our group. We appreciate Chef Judy for making rolls and slicing 4 hams and providing drinks. We thank Piney Grove helpers that come each month to serve and clean up after us. We appreciate and love each one of them for their service. Hope for Today is blessed greatly by God! Everything was superb! Santa Claus just happened to give us a visit carrying his doll that represents the reason we celebrate Christmas – JESUS! We had children present and Don photographed them. Rev. Adrian Jones read the Christmas story and Trey Hackney entertained us singing and playing the piano. Our guest entertainment was Matt Powell, Youth Minister from Sevier Heights whom the group enjoyed. After the singing we had prayer requests and the list was long. We ended with several door prizes. The Fundraiser/Advisory Board meeting Dec. 14th is cancelled until Jan. 11th 7:00 pm Piney Grove Church. God's blessing to each of you! Pray for each other!

Charlene Walker

Hope for Today's Definition of a CANCER SURVIVOR:

When you first hear the words from your doctor "YOU HAVE CANCER" you become a **SURVIVOR** at that moment!

Project "Hope Closet"

Our group is collecting new and used items for cancer patients. You may bring the following to our next meeting: prosthesis, bras, wigs and turbans, etc. Director Mary Farmer

Project "Snack Baskets" *In Memory of Debbie Motley*

Hope for Today has been providing snacks for the 3 oncology offices in Blount County for cancer patients while having chemotherapy and radiation. This will be an ongoing project for our group. If you could help in this great project, please bring the following individually wrapped items to our next meeting: peanut butter or cheese crackers, cakes, granola or fruit bars. Thank you for your donations in the past. Patients appreciate these snacks! Project "Snack Baskets" New Director, Mary Farmer 556-5501

Project "Thinking of You"

This project is monthly "get well" or "thinking of you" cards sent to cancer survivors having a difficult time. Thanks to Project Director Aldie King and Assistant Dorlis Waters

Blount Memorial Cancer Center's

Upcoming Meetings Cancer Center's Lunch and Learn

2nd Tuesday Each Month 12 – 1 pm

2nd Floor – Cancer Center

Registration 980-5038

Quarterly Lymphedema Support Group

More Information Call 980-5033

Projects *HOPE and CARE* Help for Cancer Patients

PROJECT HOPE (Helping Oncology Patients Endure)
Breast Cancer Patients Only (Grant from Knoxville Affiliate of the Susan G. Komen For The Cure).

PROJECT CARE (Caring Assistance and Relief for Emergencies) for other types of Cancers (From our May 2008 Fundraising Event).

The above projects are to provide financial assistance to underinsured, uninsured, unemployed, or otherwise needy cancer patients in Blount County being below the poverty level.

Eligibility is limited to cancer patients currently in treatment, patients with a recurrence or patients with advanced disease with no insurance and/or low income. Documentation is required from physician. Financial assistance is as follows:

- Transportation expenses to medical appointments/treatments
- Rent/Mortgage payments
- Food
- Utility payments

Referrals of cancer patients in need of help will be made by doctors, their staff or from Hope for Today to

Projects Director: Barbara Conant 982-5438

Projects HOPE & CARE Updates

April 1, 2009 through November 30, 2009

57 patients assisted with a total amount of \$17,945.62

Hope for Today has been awarded a grant for the fourth year from the Knoxville Affiliate, Susan G. Komen For The Cure for Project *HOPE* and we thank them.

We also appreciate the many hard working volunteers and contributors for our September 26, 2009 fundraiser for Project *CARE*. We praise God for the mighty work He is doing in Hope for Today Cancer Support Group.

NEWS FLASH

FOR HOPE FOR TODAY MEMBERS

Attorney Mike Meares has volunteered to prepare simple wills and advanced care plans for any Hope for Today members. Just call his office at 977-0632 and say Hope for Today sent you.

Upcoming Community Groups

January 4th - 1st. Monday Look Good & Feel Better Program for women cancer patients to help restore appearance and self-image. To register for this American Cancer Society sponsored program call 865-977-5534 Facilitated by Annette Manley, Joan Speck and Joyce Devooght at Blount Memorial Cancer Center.

January 18th - 3rd Monday

"Prostate Cancer Support Group 7:00 p.m. Blount Memorial Cancer Center. For information call Jeanie Green 659-1744. Date may change.

Place Your Hopes in God and Allow His Love to Shower You

In 1995, cancer was discovered in my prostate gland by virtue of an increase in my PSA level. This was very devastating to me, especially after it was confirmed by biopsy. My first thought was, "this is a death sentence". I believe it could have been if I didn't have faith and the will to live. Also, the love of my wife and children. Thanks to God, the prayers of family and friends, and the doctors, a successful radical prostatectomy was informed. The cancer was declared in remission following my next post-operative exam. After my recovery I was determined to find a way to contribute to cancer research and help raise awareness of this dreaded disease. This website was created to raise funds, through sales. I am committed to this goal. A different type of cancer invaded my body in the year 2000. It was in my lung, the lower left lobe. That part of my lung was removed, which arrested that cancer. Again, I thought, "this is terrible" However, the things I've learned from my cancer support group during the past years, helped me cope. Support groups are very important for your survival. Check with your hospital information desk or The American Cancer Society to find our time and places of established groups you can connect with. In 2006 cancer invaded my body again. A mass was found on my right kidney. On February 22, 2006 the tumor was removed, along with 20% of my kidney, to assure that the cancer was completely taken away. In February 2007 a mass was found on my left kidney. After careful consideration and consultation with my urologist and radiologist it was determined the mass would be removed using laparoscopic surgery. Today I am recovering well in all areas. My doctors have assured me the cancers I've had did not spread. Each cancer was of a different variety. I will continue to pray and work toward contributing to cancer research so the journey can continue towards the cure necessary to beat this *monster*.

Anonymous

Church Lesson

One Sunday morning when my son was about five years old, we were attending church in our community. It was common for the preacher to invite the children to the front of the church and have a small lesson before beginning the sermon. He would bring in an item they could find around the house and relate it to a teaching from the Bible. This particular morning, the visual aid for his lesson was a smoke detector. He asked the children if anyone knew what it meant when an alarm sounded from the smoke detector. My child immediately raised his hand and said, "It means Daddy's cooking dinner."

Received from Thomas Ellsworth.

Savour Each Day as if it Were Your Last

Do not rush to keep schedules and meetings. Slow down! Take your time! Do something each day to make life meaningful. Make someone happy today. Ease another's suffering today. Share something of yourself today. Spare some of your time, not just for a friend, but also for a stranger.

Inspiring Stories on Cancer

ONE OF THE BEST POEMS IN THE WORLD

I was shocked, confused, bewildered
As I entered Heaven's door,
Not by the beauty of it all,
Nor the lights or its decor.

But it was the folks in Heaven
Who made me sputter and gasp--
The thieves, the liars, the sinners,
The alcoholics and the trash.

There stood the kid from seventh grade
Who swiped my lunch money! Twice.
Next to him was my old neighbor
Who never said anything nice.

Herb, who I always thought
Was rotting away in hell,
Was sitting pretty on cloud nine,
Looking incredibly well.

I nudged Jesus, 'What's the deal?
I would love to hear Your take.
How'd all these sinners get up here?
God must've made a mistake!

'And why's everyone so quiet,
So somber - give me a clue.'
'Hush, child,' He said, 'they're all in shock.
No one thought they'd be seeing you.'

JUDGE NOT.

Remember...Just going to church doesn't make you a
Christian Any more than standing in your garage makes you
a car .

Every saint has a PAST...

Every sinner has a FUTURE

Received by Mona Green

Bookkeeper for Hope for Today

Hope for Today "Prayer List"

The Following People have Requested to be Added to our Prayer List

PRAISES

Numerous Praises
from Group

GROUP PRAYER REQUESTS

Beason, Kay
Belitz, Celia
Bender, Christine
Benson, Elizabeth
Berry, Joyce
Blankenbeckler, M
Brault, Roger
Brewer, Diana
Breedon, Albert
Bright, Gary
Buchanan, Clara
Cargile, Kay
Cargile, Margaret
Carter, Dan
Carver, Mary
Courier, Martha
Chastain, Mary
Clominger, Virginia
Coppinger, Sharen
Cromwell, Elizabeth
Cupp, Dorothy
Cutshaw, Pat
Dean, Betty
Dean, Carol
Dehart, Jack
Dial, Wanda
Edwards, Golda
Eisenbary, Crystal
England, Dennis
Eubanks, Dena
Evans, Gaye
Fagg, Sylvia
Ferguson, Jill
Foster, Fred
Fox, Hazel
Freeze, Hazel
Fristner, Jodi
Gabe, Dennis
Gillenwater, Bill
Gonzalez, Vickie
Greaser, Debbie
Harris, Melissa
Head, Phyllis
Helton, Muriel
Hembree, Billie
Henschel, Genie
Hicks, Marilyn
Hoskins, Sharon
Houser, Eva
Howard, Mary
Hubbard, Arlene
Hubbard, Barbara
Huskey, Lisa
Hurst, Peggy
Hutsell, Sylvia
Ingram, Joe
Jackson, Jan
Johnson, Joe
Jones, Deborah

Jones, Ed
Justin, Margaret
Kirkland, Jimmie
Krebs, Janet
Lawson, Darunee
LaRue, Deborah
Lawhon, Lloyd
Ledbetter, Shirley
Lowe, Terry
Lyda, Mickey
Marcus, Kermit
Massey, Curtis
Massie, Sandy
Mathe-Roy, Cherry
McClusky, Carol
Mink, Patricia
Merry, Gail
Merlau, John
Merlau, Misty
Moody, Doug
Morgan, James
Myers, Rita
Nelson, Donna
Owens, Bonnie
Patty, Terry
Patterson, Joann
Perkins, Leonard
Pierce, David
Plunk, Debbie
Porter, Dixie
Potter, Hobert
Potter, Homer
Potter, Kyle
Price, Louise
Provens, John
Ramsey, Sue
Reed, Ruth
Roark, Nelson
Roberts, Susan
Roy, Cherry-Mothe
Shipwash, Carol
Shumock, Kathy
Skidmore, Tommy
Suttles, Sammie
Sullivan, Bonnie
Teffeteller, Debbie
Tinman, Jean
Tyler, Johnny
Walker, Charlene
Watson, Sally
Whitfield, Terry
White, Janice
Williams, Brenda
Williams, Roy
Wood, Pat
Woods, Doris
Wright, Allen & Mary
Young, J.R.

COMMUNITY PRAYER REQUESTS

Abbott, Ann
Abbott, Tommy
Allen, William
Arnold, Cindy
Arp, Laura

Baines, Kennie
Baker, Angela
Barbara, Lovella
Barger, Emily
Beard, Tom
Bell, Cheryl
Best, Eleanor
Bio, Debbie
Boling, Grace
Bolen, Anna
Bolinger, John
Bowers, Ruth
Burchfield, Marilyn
Bowman, Beverly
Bollinger, Judy
Boruff, Kim
Brown, Brenda
Brown, Nancy
Burchfield, Carolyn
Buripakdi, Chuta
Burgess, Mary
Byrd, Carl
Callin, Bertha
Caldwell, Chet
Carter, Charlotte
Carusa, Jane
Carvin, Mary
Case, Brenda
Chambers, James
Click, Belle
Cornwell, Max
Cooper, David
Cooper, Roy
Costner, Carl
Crowe, Jim
Donaldson, Sandra
Eisenbrey, Crystal
Erwin, Jenny
Flanagin, Kathy
Flynn, Margaret
Frazier, Ghena
Gardner, Joy
Gibson, Nancy
Godfrey, Mary
Godfrey, Jack
Gorley, Lawrence
Green, Tionna
Hanle, Dorothy
Harmon, Louise
Harris, Mary
Hawley, Todd
Hearon, Norma
Henderson, Steve
Henry, Diane
Hensley, Pam
Herron, Norma
Hester, Lisa
Hipps, Joan
Holly, Fran
Hoskins, Alice
Hubbard, Carolyn
Hyden, Jane
Irwin, Bill
Jennings, Helen
Johnson, Babetta
Johnson, Dianne

Johnson, Joe
Kagley, Steve
Keibert, Greg
Keister, Linda
Kelso, Ronnie
Kirkland, Kathleen
Kirkland, Mack
Knighton, Grad
Knoll, Susan
Knott, Janice
Krahwinkle, Kelly
Krekla, Doris
Lanogan, Irene
Lawhorn, Edda
Lawson, Jack
Lawson, Kenneth
Linginfelter, Rebecca
Love, Donita
Losey, Rhonda
Loy, George
Lyons, Evelyn
McKee, Peggy
Martin, Ginger
Maider, Karen
Merriman, Sandy
Miller, Deborah
Morton, Faye & Ike
Newman, Mia
Nixon, Kim
Noller, Marilyn
Noble, Deborah
Ogle, J.D.
Owenby, Rebecca
Patterson, Linda
Payne, Pat
Perry, Judy
Petrella, Cynthia
Pierce, David
Pitts, Jennifer
Porter, Robin
Price, Kristy
Price, Sarah
Provens, John
Rash, Judy
Reavely, Wilma
Redenbaugh, Betty
Reynolds, Gladys
Reynolds, Paul
Roberts, Chelta
Rollins, Randy
Rose, Lorene
Rosenberg, Carole
Roy, Albert
Russell, John
Schering, Lois
Schumaker, Sarah
Sherwood, Barbara
Shipp, Mary Jo
Shirley, Ray
Simcox, Bill
Smith, Brenda
Smith, Joann
Sneed, Carole
Stewart, Carolyn
Stinnett, Alvin
Stinnett, Carol & Lamar

Stephens, Jesse
Stinson, Sharon
Sullivan, Pam
Taylor, Willene
Thomas, Mary Nell
Thomas, Sue
Tiefel, Mary
Tilley, Dorothy
Tipton, Deanna
Tipton, Joan
Tipton, Nell
Tucker, Jerry
Walker, Ponitha
Walker, Stanley
Wilbur, Haroldene
Ward, Edna
Watkins, Dennis
Watson, Sally
West, David
Weston, Johnny
White, Janice
White, Kay
William, Allen
Williams, Evelyn
Williams, Roy
William, Bonnie
Williams, Margaret
Wilson, Joann
Wilson, Linda
Woods, Edith
Womac, Dot
Wright, Connie
Wright, Shirley

BEREAVED FAMILIES

Hicks, Iva
Hyde, Pat
Luckey, William
Morgan, Melvin
McLemore, Rex
McLemore, Jim
Hawley, Susan

Please Call Charlene
Walker for Prayer
List Additions or
Changes at
865-983-4948

We rejoice in hope
of the glory of God
Romans 5:5 KJV

Come to me, all
who are weary and
heavy laden, and I
will give you rest.
Matthew 11:28
KJV